

## Obituaries

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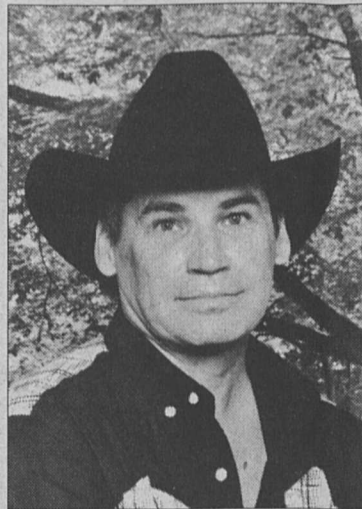
**Eagle Lake Funeral Home**  
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**Medications for High Blood Pressure**

Hypertension (high blood pressure) occurs when the heart pumps an increased amount of blood while the arteries become more narrow and resistant to blood flow. If left untreated, the risk of serious health conditions such as heart attack and stroke can increase. The risk of high blood pressure increases with age. Typically, there are no signs or symptoms to indicate the presence of hypertension until blood pressure has risen to undesirable levels. In most persons, the cause is unknown. Certain types of over-the-counter medications, such as decongestants, as well as certain types of prescription medications may cause an increase in a person's blood pressure.

Lifestyle changes, such as eating a nutritious diet and getting regular physical activity, are helpful in treating high blood pressure. There are several categories of medications that may be prescribed, including *thiazide diuretics, beta-blockers, angiotensin-converting enzyme (ACE) inhibitors, angiotensin II receptor blockers, and calcium channel blockers.* Aliskiren (Tekturna) is a new renin inhibitor. This medication works to block the enzyme renin from initiating a chemical event that leads to increased blood pressure. While this medication may be used alone, it may be more effective when used in combination with other blood pressure medicines.



**Ricky Joe Holden**  
Ricky Joe Holden, 58, of Sealy, passed away Sunday, August 10, in Sealy.

He was born on August 27, 1949 in Abilene to BC and Linda (Thompson) Holden.

Ricky graduated from Comanche High School, and worked in the Peanut Mill in Comanche, before moving to the Eagle Lake/Sealy area as a welder.

He is survived by his wife, Shirley Holden of Sealy; sisters, Brona Lou Brown of Coleman, Texas and Ginger Schaffer of Andrews, Texas; brothers, Eddie Holden and wife, Pat, of Comanche, Texas and Lynn Holden of Dublin, Texas; 17 nieces and nephews.

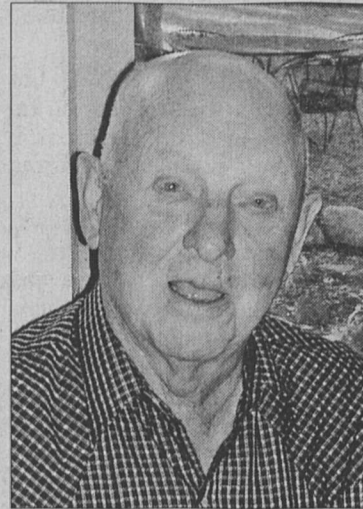
Ricky was preceded in death by his parents, BC and Linda Holden; brothers, Jack Holden and Pete Holden; and nephews, Mark Schaffer and Mike Holden.

A gathering of family and friends will be held Saturday, August 23, at the Knesek Bros Hwy. 36 Chapel, 1140 Meyer Street in Sealy from 1 until 2:30 p.m.

Memorials may be made in Ricky's name to PO Box 138, Sealy, TX 77474.

Arrangement under the direction of Knesek Bros Funeral Chapel in Sealy.

Sympathy is extended to the family in their loss.



**Paul Adolph Hattermann**  
Paul Adolph Hattermann was born May 27, 1930 in Holman.

The son of Paul T. and Adela Selzer Hattermann, he grew up in Colorado County on Hattermann Lane between Columbus and Weimar.

He attended Borden School and Glidden School and graduated from Columbus High School in 1948.

After graduation he worked for the Highway Department and later worked for a refinery in Texas City. He also worked for Mobil in Providence City near Sheridan.

He spent the remainder of his working years as an Oilfield Consultant gauging wells. A member of St. Michael's Catholic Church in Weimar, an active member of the Columbus Lions Club, a lifetime member of the Texas Sportsmen Association, a member of the Harvey Creek Wildlife Management Association and a member of the United States National Guard.

Paul loved the outdoors and everything about nature. He loved dancing and hosting get-togethers with family and friends.

Paul passed away Sunday, August 17, in Houston at the age of 78.

He is survived by his wife, Delrose Gold Kana Hattermann; one brother, Clarence Hattermann of Columbus; sons, Paul Lee Hattermann and wife, Lynn, of Katy, and Jerrell Hattermann of Brenham; stepsons, Michael Kana and wife, Raymie, of Columbus, Larry "Bear" Kana, John Kana and wife, Janice, all of Sealy; brother-in-law, Lawrence Gold and wife, Joyce, of Cypress; one niece; two great nieces; two grandchildren; 11 step grandchildren; three great-grandchildren; and four step great-grandchildren.

He was preceded in death by his parents, and his first wife, Melba Walker Hattermann.

Funeral mass was scheduled for 10 a.m., Thursday, August 21 at St. Michael's Catholic Church

in Weimar with Father John Bily officiating.

Rosary was held at 7 p.m. Wednesday at Henneke Funeral Home in Columbus.

Burial will follow in Odd Fellows Rest Cemetery in Columbus.

Pallbearers scheduled were Jason and Keith Hattermann, Donald German and Kyle, Trevor, and Matthew Kana.

Honorary pallbearers are his Running Buddies and Hunting Partners.

Memorials may be given to St. Michael's Catholic Church, 410 N. Center, Weimar, Texas 78962; Houston Hospice, 1905 Holcombe Blvd., Houston, Texas 77030-4123; or the charity of your choice.

Sympathy is extended to the family in their loss.



**Luana Vana**  
Luana Vana passed away at River Oaks Health Care Center, August 13.

Luana was born in Eagle Lake, on June 29, 1918, daughter of Esther and Glen Sunderman.

She married Oswald A. Vana on December 29, 1953.

Luana graduated from Sul Ross State University and taught school in West Texas before joining the waves in 1944.

After the war she attended the University of Pennsylvania, School of Allied Health Profes-

sions, in Philadelphia and became an Occupational Therapist at the V.A. Medical Center, Waco, for 28 years, serving as Chief of the Department for 15 years before retiring in 1977.

Luana was active in the National and State OT Associations and was made an Honorary Life Member of the Texas State O.T. Association in 1982. Mrs. Vana was active in several areas in the community: a member of the Altrusa Club for many years, also served on the Waco Girl's Club Board for 16 years, was past president of the Mental Health Association, a former member of the Laura Christian Early Learning Center Board, Hamilton House Board of Directors, Past president of the National Association of Retired Federal Employees, past member of the Head Start Policy Council, and Member of AARP. She was a member of the Woodway United Methodist Church.

She leaves to cherish her memory her brother, Henry Sunderman and wife, Alice, of Eagle Lake; two sisters, Vera Kaulitz of Richland, Washington, Jane Williams and husband, Dick, of Grand Junction, Co.; two sister-in-laws, Margaret Sunderman of Victoria, and Mary Ann Hammond of Washington; and a host of nieces and nephews.

Preceding her in death were her parents; her husband; two brothers, Leslie Sunderman and David Sunderman; two sister-in-laws, Elenor Sunderman, and Irene Sunderman; and brother-in-law, Don Kaulitz.

Memorial graveside services were held at Lakeside Cemetery in Eagle Lake on August 19, at 10:30 a.m.

Eagle Lake Funeral Home was in charge of arrangements.

In lieu of flowers contributions may be made to River Oaks Health Care Center, 300 N. St., Columbus, Texas 78934, The Woodway United Methodist Church, 9191 Woodway Dr., Waco, Texas 76712 or the charity of your choice.

Sympathy is extended to the family in their loss.

## Hay Samples Due August 23

The annual Colorado County Hay Show will be held in conjunction with the Colorado County Fair on Tuesday, September 9, at 5 p.m. at the Colorado County Fairgrounds.

If you're interested in entering hay samples in the county show,

please submit your sample on or before August 23, 2008.

There is a \$3 charge per sample, which will include protein and acid detergent fiber. Samples should consist of a clean grocery bag full of hay from round bales or 2 flakes of hay from square bales.

Each sample should include your name, address, sample number and type of forage. Please make sure all samples are in by 5 p.m. on the deadline date.

Hay samples can be brought to the County Extension Office or the following agribusinesses: Heffley's Mill and Grain, Colorado Feed - Columbus, M-G Farm Service - Weimar, Heinsohn's Store - Frelsburg, Bernardo Farm & Ranch - Bernardo, Eagle Lake General Store - Eagle Lake, and Farmers Co-Op - Garwood.

The County Hay Show is sponsored by the Colorado County Livestock Committee, Local Agribusinesses, Colorado Soil and Water Conservation District and the Texas AgriLife Extension Service.

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EQUIPPERS OUTREACH FELLOWSHIP INTERNATIONAL: 200 N. College, Weimar, Texas 78962; 979-725-8233; Pastor Jerry Adkins.  
GREATER RISING STAR BAPTIST CHURCH: 580 Old Altair Road, Eagle Lake; Rev. Truman Scott Sr., Pastor; 234-2423 or 758-3745.  
GREATER UNION BAPTIST CHURCH: Matthews Community, Co. Rd. 141, Rev. Lawrence C. Robertson, Pastor; 234-2581.  
MT. CARMEL MISSIONARY BAPTIST CHURCH: Hwy. 90-A (Pecan Valley), Eagle Lake; Rev. H.O. Williams, Pastor; 234-5813.  
LIVING HOPE CHURCH: Eagle Lake; Revs. Joe and Mercy Fling; 234-5536.  
BEREA CLADIC: 623 Maple Avenue, Eagle Lake; 234-2130.  
ROCK ISLAND FULL GOSPEL: P.O. Box 232, Rock Island; 234-5840.  
CHRISTIAN CITY FELLOWSHIP: 1140 Meyer, Sealy; Rusty Griffin, Pastor.  
THE DAY OF PENTECOST APOSTOLISTIC REVIVAL RISING STAR: FM 102 South, Matthews; 4 p.m. (at Mt. Zion), Rev. R.L. Carter Sr.  
GREATER NEW FAITH CHURCH: 6406 Gulyer, Wallis; Rev. Clay Spears, Pastor; 979-478-2169.  
EAST BERNARD FIRST BAPTIST: 527 N. Lake, Eagle Lake; Rev. Kevin Collison, Pastor; 234-2571.  
FRIENDSHIP BAPTIST: 405 S. Lake, Eagle Lake; 234-5795.  
IGLESIA BAUTISTIA GETSEMANI: 901 B Street, Eagle Lake; Rev. Mario Vasquez.  
GREATER MT. OLIVE BAPTIST: Rev. Dave Curry; 709 N. Lake, Eagle Lake; 234-3545.  
WRIGHT GROVE BAPTIST: Rev. T.J. Cunningham Jr.; Altair.  
PROVIDENCE BAPTIST: 1207 Seaholm, Eagle Lake; Rev. Coby Shorter Jr.; 234-3735.  
CHRIST EPISCOPAL CHURCH: 306 E. Stockbridge, Eagle Lake, 234-3437.  
ROCK ISLAND BAPTIST: Bob Allison, Pastor.  
SHERIDAN FIRST BAPTIST: FM 2437, 234-3136.  
WHITE CLOUD BAPTIST CHURCH: 202 Old Altair Road, Eagle Lake; Rev. Obie Rhodes, Pastor; 234-3800.

CHURCH OF CHRIST: Sheridan.  
NEW LIFE FELLOWSHIP: Hwy. 90A, Sheridan; Del Sanford, Pastor; 234-3276.  
CHRIST OUR REDEEMER-Charismatic: Jerry C. McKinney, Pastor; 979-478-7534 or 478-6512.  
HOLY CROSS CATHOLIC CHURCH: East Bernard.  
CATHOLIC PARISH OF THE NATIVITY: Our Lady of Perpetual Help Sanctuary: 308 N. Stevenson, Eagle Lake; 8 a.m. (Español), 10 a.m. (English) 6 p.m. Saturday (English), Rev. Robert F. Guerra, P.O. Box 307; 234-2842.  
ST. MARY'S CATHOLIC CHURCH: Box 97, Nada; Fr. Joe Vrana; 758-3218.  
GRACE LUTHERAN: 408 N. Stevenson, Eagle Lake; Services begin at 10 a.m.; Rev. Clements Richard, Pastor; 234-3381.  
LEHRER MEMORIAL UNITED METHODIST: Garwood; 9 a.m. worship.  
LISSIE UNITED METHODIST: J. L. Craft, Pastor; 234-2112, Lissie.  
ROCK ISLAND METHODIST: Ken Sellar Jr. Lay-Pastor.  
UNITED METHODIST: 200 W. Prairie; Sunday School 9:30 a.m., Worship, 10:45 a.m.  
FIRST PRESBYTERIAN: 106 E. State Street, Eagle Lake; 234-3368.  
VINE OF THE LORD: 1300 E. State Street, Eagle Lake; Rev. Paul Aguilar, Pastor; 234-7543.  
CrossRoad ASSEMBLY OF GOD: 510 Wallace, East Bernard; Pastor George Kutach; 979-335-7706.  
THE CHURCH OF CHRIST OF LATTER-DAY SAINTS: 600 W. St., Sealy; Marshall Crosby, Branch Pres.  
CHURCH OF CHRIST: 815 Milam, Columbus; Lynn Wilson, Minister.  
THE SHEPHERD'S WAY: Interdenomination Christian Fellowship; 1225 Eagle Lake Road, Sealy, Frank Lucas, Pastor; 979-885-1225.  
SOUTH POINT BAPTIST CHURCH: 6407 Hwy 71-S, Garwood; 979-758-3039.  
ASSEMBLEA DE DIOS HOSANNA: 403 East Main, Eagle Lake; 979-732-1966; Pastor Romero Rodriguez Jr.  
BIBLE TRUTH APOSTOLIC CHURCH: Corner of S. Wharton & E. First St., El Campo; Pastor Larry T. Smith, 979-543-2331 -non-denominational.

**Bible Verse of The Week**

"Humble yourselves in the sight of the Lord and he will lift you up."  
James 4:10  
Submitted by Neddy Phillips

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